



St. Elizabeth Ann Seton

## High School Confirmation Program Overview

Our goal is to transform the hearts of our teens so that they are eager and able to embrace the Sacrament of Confirmation.

The Sacrament of Confirmation completes and strengthens the spiritual grace that is granted to all baptized persons.

A Confirmed Catholic, who is *actively cooperating* with God's grace:

- *Will have an increased awareness of God's faithful love in their lives.*
  - *Will be more firmly united to Christ,*
  - *Will develop a stronger bond with the Catholic Church.*
- and*
- *Will experience an increase in the gifts of the Holy Spirit.*

The Church believes that the Sacrament of Confirmation leaves an "indelible mark" upon our souls and enables us to take full responsibility for our faith so that we can live our lives as followers of Christ.

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High School Confirmation at St. Elizabeth Ann Seton Catholic Church is a two year Sacrament Preparation Program. Teens may start into the process their Sophomore year of High School and need to be, at least, 16 years old by the time they are Confirmed. ALL Confirmation Candidates are enrolled, at no additional cost, in LifeTeen.

### **Four Requirements for High School Confirmation**

1. Attendance at Confirmation Class.
2. Weekly Sunday Mass attendance.
3. A yearly Retreat.
4. Completion of 20 Service Hours.

### **Checklist for Confirmation**

1. Baptismal Certificate due at 1<sup>st</sup> year registration.
2. Registration Form and Diocesan Paperwork completed each year.
3. Confirmation Sponsor chosen and approved.
4. Confirmation Saint Name chosen.
5. Fulfilled all four requirements of High School Confirmation Preparation.

## **CONFIRMATION CLASS**

Confirmation class meets from September through April. Please note that attendance is a requirement of the program.

Your teen can have two absences. A third, fourth and fifth absence can be made up with an at home assignment or by attending LifeTeen. If there is a sixth absence, we will schedule a meeting to discuss. Your teen will receive a workbook from Ascension Press entitled “Chosen”. This will be their book for two years.

Additionally, every teen will receive a Catholic Bible and the YouCat Youth Catechism.

Ascension also publishes a Parent Guide and Sponsor Guide. These will be available for purchase in our gift shop.

Your teen needs to bring to class EACH week:

- Chosen workbook
- Catholic Bible
- YouCat

## **MASS**

Attendance at Mass on Sunday and Holy Days of Obligation is a requirement of our High School Confirmation Program.

It is so important that families celebrate Sunday Mass and the Sacraments with their Parish. We are a church family, bound together by the celebration of the Eucharist. This is our primary source of spiritual nourishment that will allow us to grow as Christ’s disciples.

As a Candidate requesting the Sacrament of Confirmation your teen is stepping forward to make a commitment to a life of Discipleship. This commitment requires spiritual nourishment that can only come from the Source and Summit of our Faith; Jesus truly present in the Eucharist.

### **Mass Journal:**

- You will receive a Google “Mass Journal” link via the flocknote newsletter.
- It will be a few short questions including the Liturgical Date and the Gospel citation.
  - o Liturgical Date is the date of the Church Calendar or Liturgical Year.
    - For instance: “The First Sunday of Advent” or “The 30<sup>th</sup> Sunday in Ordinary Time”
  - o Gospel Citation is the reference for the Gospel passage.
    - For instance: Matthew 22: 34-40. This is Scripture Book, Chapter and Verses.
- The Journal will also include a space for a Homily Takeaway.
  - o The “homily” is when the Priest or Deacon will preach after the Gospel is proclaimed.
- Your teen will fill out a Mass Journal each Sunday and submit.
- This will automatically populate a spreadsheet.
- Please keep in mind that Father Perry regularly asks to see the Mass attendance spreadsheet.

## **RETREAT**

A Retreat is a special time for our Confirmation students. Former teens in our Confirmation Program have continually commented that the Retreat was the best part!

A yearly Retreat is a requirement of the High School Confirmation Program.

Our Retreat takes place at Santa Teresita Youth Conference Center in Three Rivers, CA.

Confirmation 2025 (Year One)

Saturday, March 29 – Sunday, March 30, 2025

Confirmation 2024 (Year Two)

Saturday, February 1 – Sunday, February 2, 2025

*Confirmation 2025 Parents, please note that I ask for letters from you to give to your teens on this Retreat.*

## **SERVICE HOURS**

20 Hours of Service must be completed over the course of the two year program. These service hours can be a mix of service to the Church and to the greater community.

Seton Youth Ministry holds Mercy as a central charism of our Ministry. Mercy can be best exemplified in the words of Jesus in Matthew 25. In Matthew 25:40, we hear Jesus teaching us,

**“Whatever you did for the least of these brothers and sisters, you did for me.”**

The Church has outlined the Gospel values in Matthew 25 as the:

### **“Corporal Works of Mercy”**

1. Feed the hungry.
2. Give drink to the thirsty.
3. Shelter the homeless.
4. Clothe the naked.
5. Care for the sick.
6. Help the imprisoned.
7. Bury the dead.

These service hours can be done in numerous ways! If there is a service organization at school or in the community that your teen is involved with, those hours definitely count! Additionally, in the spirit of Saint Teresa of Calcutta, who once said, “If you want to change the world, go home and love your family.” we also accept service hours that teens perform in service to their family.

I will notify you of possible service projects via flocknote and Seton Youth Ministry social media accounts.

### **Service Card:**

- Teens can pick up a “Service Card” at any class time.
- Each time your teen completes a service hour or project, they can submit this form.

## **SAVE THE DATE**

### **St. Elizabeth Ann Seton Confirmation Mass**

**TBA**

*Reception To Follow*

*\*Please note, our tradition is that our First Year Candidates host the reception.*

### **Confirmation Rehearsal**

**TBA**

*For Candidate and Sponsor*

## **COMMUNICATION**

Please feel free to contact the Parish Office  
661-587-3626

Flocknote:

**You will receive a weekly newsletter via Flocknote.**

Our Website:

**[www.setoncatholicchurch.org](http://www.setoncatholicchurch.org)**

Our Social Media:

**Instagram: @seton\_youth\_ministry**